

THE HUB S12



SERVICE GUIDE

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Day Service

The Hub hosts day services that are open Monday to Friday 9 AM to 3 PM. Experience an exciting and diverse range of activities, make friends and explore each day with our epic support team at "The Hub" in Hackenthorpe S12. The Hub day service is a place for people to express themselves, encourage their individuality and is ultimately all about choices.

DAY SERVICE SCHEDULE

MON - HEALTH & WELL BEING

TUE - MUSIC & CREATIVITY

WED - ARTS & CRAFTS

THUR - DIGITAL DAY

FRI - BAKE IT HAPPEN

Monday - Service users are supported at the community gym or participate in football training for The Hubs "All Stars" football team in the morning at Westfield Health, Waterthorpe. In the afternoon we complete a relaxed activity based on health & wellbeing back at The Hub.

Tuesday - Service users can take part in a guided music-playing session in the morning led by one of our in-house experts. You'll have the opportunity to join The Hub band and play real gigs in various locations in front of an audience. The afternoon consists of a relaxed creativity-based activity.

Wednesday - Service users work on arts and craft-based individual or group projects whilst learning skills that can be valuable for life. Guided workshops, hosted by our expert team using a variety of materials and equipment will inspire you to make your next masterpiece.

Thursday - Service users can get involved in digital-based activities that include anything from producing podcasts and music videos to graphic design and photography. Learn how to transform an idea on a page into something real on-screen while using the latest technology and software.

Friday - Service users will learn about different cultures, recipes and food safety during our Friday cooking and baking club. Using a commercial kitchen setup at Hackenthorpe Community Centre, you will get hands-on and learn important independent living skills at the same time as creating delicious treats and meals.

Short Breaks & Holidays



One - To - One

Group Holidays

The Hub provide short breaks consisting of either one-to-one supported overnight stays or larger group holidays in premium accommodation. These types of breaks create lifelong memories and present the chance for personal growth. All breaks are accessible to book online via our BookWhen portal up to a year in advance. Payment plans are available and can be customised to suit your circumstances.



We organise four group trips a year to various locations and attractions as well as monthly day trips and even more in the summer months. Service users are supported in gaining independence, building confidence and friendships, and experiencing new things. If you have always wanted to visit a certain place, attend a festival or tick something off your bucket list...

WE CAN MAKE IT HAPPEN!

Community Support



We offer one-to-one shifts out and about in the Sheffield community 7 days a week. This could support attending various activities or clubs, developing self-confidence, and helping empower our service users to take on new challenges. The Hub will listen to your wants and needs, carry out an assessment and create a weekly schedule that works exclusively for you.



DEVELOP SOCIAL SKILLS & INDEPENDENCE

Whatever your aims and goals are we can help you achieve them with our unique and dedicated support team, specific fears and anxieties can become a thing of the past and real progress can be made working alongside The Hub S12.

WHAT WE REQUIRE FROM OUR TEAM

BE A MENTOR AND PROVIDE EMOTIONAL SUPPORT

ADAPTABILITY AND FLEXIBILITY FOR NEW CHALLENGES

BE A LINK TO THE COMMUNITY AND EXPLORE INTERESTS

TO ENCOURAGE INDIVIDUALITY AND PROMOTE SELF-VALUE

EXPRESS POSITIVITY AND MAKE THE BEST OF EVERY SITUATION

UNDERSTAND THAT THIS ROLE MEANS THE WORLD TO SERVICE USERS

Extra Services



ALLSTARS - FOOTBALL TEAM

We have a disability 5-a-side team that competes in the "South Yorkshire Ability Counts" league at Goals Sheffield on the last Sunday of every month. The team have a weekly training session on Monday mornings at 10 am at Isobel Bowler Sports Ground in Westfield. All abilities are welcome and you can even join the football practice without playing in competitive games.



ALLSORTS - THE HUB BAND

We have a band that gets together every Tuesday morning at day service to practice their set list and make music for any upcoming gigs that they may have on the calendar. The band includes instruments such as drums, guitars, keyboards, percussion and vocals. The Allsorts have played gigs including Christmas parties, open mic nights, The Lughole and for numerous schools and colleges. The band is led by our highly skilled musical team members, they encourage creativity and welcome any ideas that could be used in future performances.

About The Hub S12



The Hub is a family-run service provider for adults with autism and learning disabilities in Sheffield. We provide an honest, safe and unparalleled service to everyone we care for. Our mission is to provide the highest quality support to our service users to help them experience new things, encourage individuality and break down barriers.

"WE SPENT A LOT OF TIME TRYING TO FIND THE RIGHT SOCIAL CARE PROVISION FOR OUR DAUGHTER, AND WE DREW THE 'ACE' CARD WHEN WE FOUND THE HUB"

SHELLEY - PARENT

